



OHIO PROGRAM *for*  
**CAMPUS SAFETY  
 & MENTAL HEALTH**  
 A NEOMED CCoE

# The Campus Connection

December 2025

## ANNOUNCEMENTS

### Training Opportunities

Interested in becoming a certified Question, Persuade, Refer (QPR) Suicide Prevention Gatekeeper? Sign up for a free session via Zoom today!

[January 13, 2026, 12:00PM-1:00PM](#)

[February 12, 2026, 12:00PM-1:00PM](#)

More to come!

Check out all our training opportunities, including archived webinars and conferences, [here](#).

[Click Here](#) to join the OPCSMDH listserv and be the first to find out about upcoming events and news!

CONGRATULATIONS TO THE  
 FY26 CAMPUS-COMMUNITY  
 COLLABORATIVE GRANTEEES!



**WRIGHT STATE  
 UNIVERSITY**

## COMBATING LONELINESS THIS HOLIDAY SEASON

The holiday season can be difficult for many members of the campus-community. We have listed a few tips and tricks below that may be helpful in an effort to support students, staff, and faculty. Remember to take care of yourself!

- Facilitate Connections
- Provide Mental Health Resources
- Partner with External Organizations
- Interested in learning more? Check out the articles below!

### [Recipes for Connection](#)

#### [The New Plague on Campus: Loneliness](#)

#### [Health Effects of Social Isolation and Loneliness](#)



## Advisory Committee Member Spotlight



DAVID NARDECCHIA, M.ED., LPCC  
 CUYAHOGA COMMUNITY COLLEGE

David Nardecchia has been a mental health professional since 1991. He is a Licensed Professional Clinical Counselor and has been credentialed as a Licensed Social Worker and Licensed Professional Counselor in the state of Ohio. David is a tenured Counselor and Assistant Professor at Cuyahoga Community College. In addition to his daily duties, he trains numerous Police Departments and Corrections Officers in Northeast Ohio about Suicide Prevention and Self Care. He has taken part in SWAT team debriefings and has trained Hostage Negotiation/Crisis Intervention Teams on Crisis Negotiation/Suicide Prevention Skills. At Cuyahoga Community College, he currently serves in numerous capacities including: Co-Chair of the Help Is Here Suicide Prevention and Wellness Team which created a brand new website and mobile app; he was part of the initial implementation team of House Bill 28 that makes Suicide Prevention Education a requirement at all Ohio Colleges and Universities. He also serves on the Opiate Task Force, the Behavioral Intervention Team (BIT), is a Crisis Team Leader (Mental Health), Co-Chairs the Mental Health Advisory Committee, assists with New Student Orientation, Peer Mentoring and is a Site Counselor at the Brunswick University Campus. Thank you for all you do Dave!

## STUDENT SPOTLIGHT: MADISON WELLS



MADISON WELLS, OCPSA  
OHIO UNIVERSITY

Hello! I am a senior Social Work student at Ohio University, co-chair of the Collegiate Mental Health Advisory of Ohio and a Resident Advisor of three years. My experiences in these roles have shown me that

Resident Advisors occupy a unique space on campus. We are student leaders responsible for supporting hundreds of peers yet often navigate our own basic needs challenges with little acknowledgment. With support from Ohio University's Honors Tutorial College, I decided to conduct an IRB approved focus group study exploring experiences of food insecurity among OU's Resident Advisors and Senior Resident Advisors. This study serves as my undergraduate thesis, as well as contributing to a greater body of research for this understudied population. It explores how food insecurity affects the personal wellbeing, academic performance, and job responsibilities of the RA/SRA population.

Existing research shows that food insecurity affects college students in much deeper ways than just not having enough food. It influences their academics, mental health, emotional well-being, and physical wellness. Many students cope by skipping meals, buying cheaper but less nutritious food, or stretching limited resources, which can create long-term challenges. Through my literature review, I am yet to find a study highlighting the specific experiences of RA/SRAs. Click [here](#) to read on!

## Project ECHO at NEOMED

### Virtual learning communities for continuing professional development, consultation and mentorship.

Project ECHO's revolutionary "All Teach, **ALL TEACH, ALL LEARN** All Learn" model provides training and mentorship to transform and sustain strong systems where every person has fast access to the highest quality care.



Each Project ECHO session includes a subject matter expert presentation that is recorded and available for public viewing on YouTube.

### OPCSMH Spotlighthed Programs:



**Coordinated Specialty Care for First Episode Psychosis (CSC for FEP) ECHO** provides education and consultation to support Ohio's Coordinated Specialty Care for First Episode Psychosis team members.

Click [here](#) for CSC for FEP ECHO Playlist on YouTube



**Integrated Care Project ECHO at NEOMED (ICeN) ECHO** is an open program that provides education and consultation to support and enhance the integration of primary and mental health care by creating an interprofessional virtual learning community.

Click [here](#) for ICeN ECHO Playlist on YouTube



**Ohio Systems of Care ECHO for Youth Involved In Multiple Systems (SoC) ECHO** is an open program that provides participants with the specialized knowledge they need to care for youth and families with complex conditions in their communities.

Click [here](#) for SoC ECHO Playlist on YouTube

## GET IN TOUCH WITH THE OPCS MH!



Ohio Program for Campus Safety and Mental Health



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Ohio Program for Campus Safety and Mental Health



@neomedopcsmh



Ohio Program for Campus Safety and Mental Health



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Visit our **iECHO** page by clicking **[HERE](#)** to join our programs and access additional resources.

