



Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee One Page Summary

TERRA STATE COMMUNITY COLLEGE

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OVERVIEW

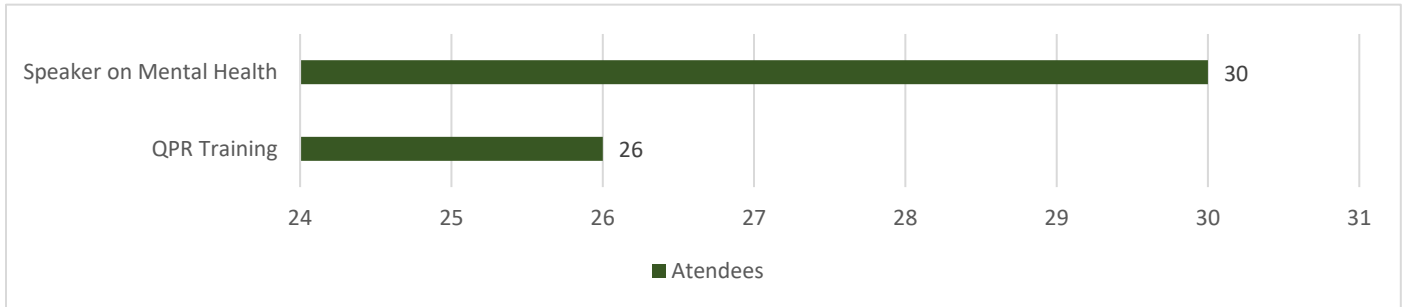
Terra State Community College (TSCC) partnered with Mental Health & Recovery Services Board of Seneca, Ottawa, Sandusky and Wyandot Counties on this program. MHRSB was the lead community partner in planning this event and linking other community partners into this project.

Terra State took the initiative to train employees on mental health and suicide prevention awareness in order to ensure that each employee had the necessary knowledge and skills to promote social connectedness, identify students at risk, and intervene should a mental health crisis occur.

Terra State began by providing QPR (Question, Persuade, Refer) Gatekeeper training for employees, which trains attendees to be able to question if someone is thinking of attempting suicide, persuade the person in crisis to seek professional help, and refer them to appropriate mental health resources. Additionally, the course covers common causes and warning signs of suicide. Terra State then partnered with their local National Alliance on Mental Illness (NAMI) chapter to develop and disseminate a survey with the intention of asking campus employees what additional mental health and suicide prevention training opportunities they would like to receive.

OUTCOMES

The graph below shows the activities completed and the number in attendance for each activity. There were 2 QPR training sessions held.



Individuals who completed QPR training also reported that they would be interested in other trainings such as:

- Distressed students
- De-escalation
- Employee Mental Health
- Workplace Stress
- How to “Belong”
- Exposure to a Trainer with Lived Experience
- Work/Life Balance
- Mental Health First Aid – Focus: Higher Education

Comments from the attendees from the Mental Health presentation.

- “I think continued training in promoting wellness for staff and students with finding cost effective outlets to support staff and students would be great.”
- “Continual awareness of mental health topics is important on campus so we can provide assistance to students.”