

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee One Page Summary



NAMI SOUTHWEST OHIO

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OVERVIEW

NAMI Southwest Ohio (SWOH) provides advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives. NAMI SWOH is committed to providing programs and services at no cost for those in need of support, estimated at more than 1.2 million people in Southwest Ohio.

Objectives:

- Present at least 25 in-person or virtual (synchronous) In Our Own Voice (IOOV) presentations to college and university audiences. IOOV gives attendees a personal perspective about mental health conditions as they hear individuals with lived experience talk openly about their condition and their recovery.
- Present at least three in-person or virtual (synchronous) Language Matters presentations to college and university audiences. Language Matters focuses on recognition of language that perpetuates misinformation and mischaracterization of the disorders and the individuals who live with them and provides replacement language that can neutralize stigmatizing characterizations.
- Participate in at least three health fairs at colleges and universities, distributing informational materials about mental health conditions and resources for support.

OUTCOMES

In the application, NAMI SWOH projected that they would deliver 25 NAMI In Our Own Voice presentations, but far surpassed that projection, delivering 33 In Our Own Voice presentations.

Highlights

Additionally, another of NAMI's signature programs, Ending the Silence was presented to a University of Cincinnati class of School Counselors and Grad students who are Teaching Assistants. NAMI SWOH was invited to talk about NAMI's advocacy role to two Mental Health Policy classes at the University of Cincinnati and Wilmington College. They were able to participate in three in-person events held on the campuses of Xavier University and the University of Cincinnati.

"Thank you so, so much to you and the speakers for talking to my Abnormal Psych class. The students seemed to really enjoy the speakers and really appreciated how open the speakers were with describing their experiences with mental illness. The NAMI presentation continues to be hands down the most favorite class of the semester – thank you for always arranging such fantastic speakers for my classes!"

~Professor Sima Finy, University of Cincinnati- Abnormal Psychology class