

Ohio Program for Campus Safety and Mental Health



Campus-Community Collaborative Grant Grantee One Page Summary

MOUNT VERNON NAZARENE UNIVERSITY

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OVERVIEW

This project represents a collaboration between the QPR Institute and Mount Vernon Nazarene University (MVNU) Social Work Department. The QPR Institute will provide MVNU's Social Work Department faculty with training materials so that faculty can continue to provide QPR training across campus to reduce suicide risk. The MVNU Social Work Department will also collaborate with other departments across campus, including athletics and Christian/pastoral ministry.

Objectives:

- Obtain additional training materials to increase access to the QPR training across campus.
- Provide training to new populations on campus.

OUTCOMES

Throughout the grant period, 27 students were trained in the QPR method to raise awareness of suicide prevention and to increase knowledge of how to intervene with a student who is showing signs of suicidal thinking or planning. As a part of each training, participants completed an evaluation of its effectiveness. This required participants to rate elements of the training on a scale of **1 (outstanding)** to 5 (poor). Statistical analysis of these data revealed the following average ratings for the training's effectiveness:

- Organization: 1.40
- Content: 1.40
- Program presentation: 1.40
- Value: 1.40
- Meeting training expectations: 1.60
- Instructor having thorough knowledge of the content: 1.00
- Instructor presentation: 1.00
- Practical application of content: 1.40
- Overall rating: 1.40

Based on analysis, the average rating for different elements of the training was somewhere between outstanding and above average, demonstrating that the program was helpful for participants. **The overall program rating of 1.40 trends closer to outstanding than above average**, suggesting that the overall program was successful.

It is also helpful to consider qualitative analysis of program outcomes, which can be achieved by reviewing the comments from the training evaluation form. One comment, which seems to capture the overall reaction to the training, stated, "The training was very informative, and I would be interested in the advanced training for healthcare providers."