

Ohio Program for Campus Safety and Mental Health

FY25 Campus-Community Collaborative Grants (CCG)

Grantee Summary

Child and Adolescent Behavioral Health (C&A)

The purpose of these grants is to promote collaboration between college/university and community partners to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

Project Overview

Child and Adolescent Behavioral Health (C&A) held self-care/suicide-awareness events on five of the six Stark County college and university campuses during the Fall 2024 semester. C&A created 1,000 self-care bags to be handed out on the five campuses.

Program Objectives

C&A hosted at least 5 Mental Health Week and Collegiate Fairs (one day 2 hours on each campus) for Stark County's institutions of higher education by June 30, 2025. These events focused on promoting positive mental health, reducing the stigma of seeking mental health services for college students and suicide prevention through the dissemination of mental health resources.

C&A created two engaging activities for the collegiate fairs which emphasized the importance of coping strategies to help students manage confusing thoughts and build resiliency. In addition, C&A provided two make-and-take projects. The first project was a mindful breathing stick. The second was a stress ball.

C&A provided two virtual presentations, by June 30, 2025, that provided information for wellness awareness and seasonal disorders that can lead to depression and anxiety, in addition to providing each school with three different sets of six campus-community yard signs featuring mental health promotion and resource messaging including important phone numbers for easy access to school and community services.

Outcomes

Throughout the five self-care/suicide-awareness events, 750 students, 7 faculty, and 26 staff members participated.

Additional Data

The webinars hosted by C&A were attended by 28 students and staff members.

Key Partner(s)

Aultman College
Malone University
Stark State College
University of Mount Union
Walsh University

Challenges/Barriers

Challenges identified by C&A include finding partnering organizations to help promote the collegiate mental health fairs. Also, the challenges faced by commuter schools are the time and location of the event. In addition, the commuter students do not have as much time to talk as they are studying while eating or moving from class to work or family obligations.