



OHIO PROGRAM *for*  
**CAMPUS SAFETY  
& MENTAL HEALTH**  
A NEOMED CCoE

## **Mental Health First Aid (MHFA) Higher Education Course – Registration FAQ**

### **How do I register for the course?**

You can register by completing the Qualtrics registration form here: [Click Here to Register](#)

### **What happens after I register?**

No later than 48 hours before the course, you will receive an email from MHFA Connect prompting you to register an account. This account is required to access course materials and certification components.

### **When does registration close?**

Registration closes on Wednesday, December 3, 2025.

### **Will there be pre-work required?**

Yes. Before the live virtual course on December 8, you must complete:

- The MHFA Pre-Evaluation, and
- The MHFA Opinions Survey

If you do not have time to complete the pre-work before the training day, the Zoom room will open at 8:30 AM to allow time to complete both pre-work requirements before the course begins promptly at 9:00 AM.

### **Will breaks be offered during the day?**

Yes. A 30-minute lunch break will be provided, along with multiple short breaks throughout the day. Participants are also encouraged to take additional breaks as needed.

### **Is there a cost to attend?**

At this time, the Mental Health First Aid for Higher Education course offered through the Ohio Program for Campus Safety and Mental Health is fully funded by the Ohio Department

of Behavioral Health and is available at no cost to interested members of Ohio's campus communities. The current value of this training is approximately \$125.

**Will this course train me to become a Mental Health First Aid instructor?**

No. This course is the foundational MHFA course tailored to the higher education population. It does not provide instructor certification.

**How long does an Adult Mental Health First Aid certification last?**

Adult Mental Health First Aid certification is valid for three years from the date of completion. To maintain active certification, participants must complete a recertification course or refresher training before the three-year period expires.

**Is this course self-paced?**

No. This is a synchronous (live), virtual course. To earn certification, you must attend the entire training on December 8, 2025, from 9:00 AM to 4:30 PM.

**What technology or materials will I need?**

To participate, you must have:

- A computer or tablet with reliable internet access
  - Ability to use Zoom, including the chat feature
  - Camera turned on, audio, and microphone capabilities
- This is an interactive course, and active engagement is expected in order to meet the learning objectives.

**How long is the course?**

The course totals 7.5 hours.

**What if I need to cancel or reschedule?**

Please inform us ASAP—seats are limited and in high demand. Contact us at [opcsmh@neomed.edu](mailto:opcsmh@neomed.edu) to cancel. We kindly ask that you notify us at least 48 hours before the session.

**What if the course is full?**

OPCSMH plans to offer additional MHFA Higher Education courses throughout the year. The OPCSMH follows the fidelity and model of Mental Health First Aid, therefore registration capacity will be limited for each training.

**Who is this course for?**

This course is designed specifically for those working with or within higher education environments, including:

- Students
- Faculty & staff
- Counseling and wellness providers
- Administrators
- Campus partners

*\*The content focuses on adults in higher education settings.*

**Are accommodations available?**

Yes. If you require accommodations, please contact [opcmh@neomed.edu](mailto:opcmh@neomed.edu) and/or be sure to indicate the requested accommodations in the Qualtrics registration link as soon as possible. The earlier accommodations are requested, the more likely materials can be prepared in advance of the course.

**Who should I contact for questions?**

Please direct all questions to: **[opscsmh@neomed.edu](mailto:opscsmh@neomed.edu)**