

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant
Grantee One Page Summary



CHILD & ADOLESCENT BEHAVIORAL HEALTH

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OVERVIEW

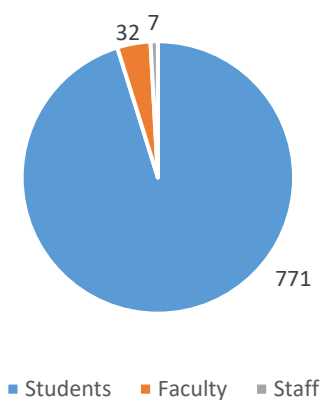
Child and Adolescent Behavioral Health (C&A) is working with six Stark County colleges and universities - Aultman College, Malone University, Stark State College, University of Mount Union, Kent State University – Stark, and Walsh University - counseling departments to provide a day of self-care and suicide awareness and prevention. Additionally, C&A is working with StarkMHAR, Coleman Crisis Center and the C&A's Adult Led Prevention team to be on campus and provide materials to students. NAMI will present at one of two spring presentations.

C&A's goal of being on each campus is to help students recognize the importance of social connectedness, increase help-seeking behavior and point them in the right direction of developing life skills. By partnering with multiple community organizations and bringing those community organizations to campus, students will understand it is ok to ask for help and where to ask for help outside of their campus counseling services. Additionally, C&A's make and-take projects and various games played are designed to interact with the students to reinforce life skills they have learned and promote social activity with their classmates.

OUTCOMES

The overall impact of our program this year was an overwhelming success. This year, C&A partnered with other non-profit community organizations to provide an enhanced event and bring awareness to positive mental health self-care strategies, which also provided this age demographic with important information on services for students who are struggling and may feel isolated. This grant provided each campus with yard signs that they could keep out all fall, and then put out again in the spring. This will provide a constant reminder to students on warning signs of suicide awareness and important national and local numbers where help is available in addition to each school's counseling services department.

Total Attendance of all events



Social Media Impact and links

The self-care peer to peer messages were **viewed 264** times on YouTube, **812 times** on X and **325 views** on Instagram, which does not account for the universities themselves or students sharing.

Here are a few links of this year's 26 peer messages:

- [https://youtu.be/ PtLAicBaNE](https://youtu.be/PtLAicBaNE)
- <https://youtu.be/WGjxkcp8JyU>
- https://youtu.be/a9_qDNHrYYA
- <https://youtu.be/Syc-cb4d1Ew>
- <https://youtu.be/DNV44JpSjrQ>

Walsh University wrap up video with PSA - <https://youtu.be/CKVV73hjDDO>

The larger impact of the peer messages playing in the campus center of each school on television screens and social media is a harder to measure.

The positive influence of these event has each school excited to participate and expand the programming for next year.