



OHIO PROGRAM for
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CC&E

3RD OPCSMH CAMPUS SAFETY AND
SUICIDE PREVENTION SYMPOSIUM

**“BEYOND THE GAME: TEAMING UP FOR
SUICIDE PREVENTION”**

THURSDAY

10.09.2025

9:00 AM - 3:30 PM

WELLNESS ROOM
Located in Room 107

9:00 AM -
9:45 AM

REGISTRATION

You will be greeted by the University of Mount Union’s mascot, MUcaw while you enjoy a continental breakfast.

9:45 AM -
10:00 AM

WELCOME AND OPENING REMARKS

Opening remarks will be provided by the Director of the Ohio Program for Campus Safety and Mental Health, Jessica Zavala and the Dean of Students at the University of Mount Union, Dean John Frazier

10:00 AM -
11:00 AM

**MORNING KEYNOTE:
“FROM SIDELINES TO LIFELINES: THE MENTAL HEALTH
CRISIS AND SUICIDE IN ATHLETICS”**

Presenter: Quentin Shambley, MSN, RN, PMHNP-BC, The Hidden Opponent

11:00 AM -
11:15 AM

MORNING BREAK

Spend your break visiting the wellness room or networking with campus-community partners!

11:15 AM -
12:15 PM

**PANEL:
“TIME OUT: STUDENT ATHLETES ON MENTAL HEALTH”**

Panelists:
McKayla Dunkle, Basketball, University of Mount Union
Lela Plouse, Lacross, Malone University
Sarah Watson, Soccer, Ashland University
Nicholas Barber, Retired Athlete, Ashland University

12:15 PM -
1:15 PM

LUNCH

Join us for a buffet lunch in the Newbold Room located in the Hoover-Price Campus Center.

1:15 PM -
2:15 PM

**PANEL
“GAME CHANGERS: ATHLETIC STAFF AS CATALYSTS FOR
MENTAL WELLNESS”**

Panelists:
Kelly Tilley, Athletics Embedded Mental Health Counselor, Kent State University
Allie Robinson, Athletic Trainer, University of Mount Union
Cayleb Paulino, Head Soccer Coach, Ashland University
Elijah Burch, Case Manager, Youngstown State University

2:15 PM -
3:15 PM

AFTERNOON BREAK

Spend your break visiting the wellness room or networking with campus-community partners!

2:30 PM -
3:30 PM

**AFTERNOON KEYNOTE:
“RESILIENCE INTERVENTION AS SUICIDE PREVENTION”**

Presenter: Jamey Houle, PhD., Lead Sports Psychologist, The Ohio State University

See back for additional details



3RD OPCSMH CAMPUS SAFETY AND
SUICIDE PREVENTION SYMPOSIUM

**“BEYOND THE GAME: TEAMING UP FOR
SUICIDE PREVENTION”**

THURSDAY	10.09.2025
VENUE	BRUSH PERFORMANCE HALL The Symposium will be located in Brush Performance Hall located in the Giese Center for Performing Arts at the University of Mount Union
PARKING	PARKING Attendees are instructed to park in the Giese Center for Performing Arts parking lot. Additional parking will be available in the William H. Eels Art Center parking lot if needed.
LUNCH	NEWBOLD ROOM IN THE HOOVER-PRICE CAMPUS CENTER A “tailgate” themed buffet lunch will be available in the Newbold Room located in the Hoover Price Campus Center. Here you will be greeted by therapy dogs! Limited golf cart transportation will be available.
WELLNESS ROOM	GIESE CENTER FOR PERFORMING ARTS - ROOM 107 The Wellness Room will be available for symposium attendees throughout the duration of the Symposium. Activities include meditation/mindfulness, art therapy, stress balls, fidgets, sensory objects, and more! You can find room 107 by entering through the Sally Otto Art Gallery.
CEUS	HOW TO OBTAIN CEUS Download the free EEDs mobile app or bookmark EEDS on your device. Participants must attend a session in its entirety and complete a session evaluation for CEU eligibility. After the event, you can view/download your certificate(s) and revisit course materials. All conference evaluation links will expire Friday, October 10th, 2025, at 5PM.
LEARN MORE ABOUT US!	THE OHIO PROGRAM FOR CAMPUS SAFETY & MENTAL HEALTH To learn more about us please visit, https://www.neomed.edu/csmh/



For a full-size campus map, visit
<https://www.mountunion.edu/Documents/Campus%20Map/Campus%20Map.pdf>